

Subject: Heart Attack// Exhibitions in Canada, Peru, and the US  
From: Heide Hatry <h.hatry@gmail.com>  
Date: 14.04.2019, 00:33  
To: [contact@no-art.info](mailto:contact@no-art.info)



Video Still of *Politics*

"Hatry brings a feisty female perspective into poignant and pertinent focus." Julie Oakes

Dear All,

Before I inform you about upcoming exhibitions, I'd like to share something I just learned, which, though I hope you won't need it, could prove valuable:

#### **HOW TO SURVIVE A HEART ATTACK:**

If you suddenly start experiencing severe pain in your chest that starts to extend out into your arm and up into your jaw, you might have only about 10 seconds left before losing consciousness.

You can help yourself by **coughing repeatedly and very vigorously** (a deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.)

A breath and a cough must be repeated about every two seconds without let-up until help arrives, or until the heart starts beating normally again. (Deep breaths get oxygen

into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain its normal rhythm. That way you might make it to the hospital)  
Tell as many other people as you can about this, as it may just be possible to save a life.

In case you should find yourself in Canada, close to Vernon (if you have to ask, chances are you probably aren't) please check out:

**NYC Women Willing the Distance**, curated by Julie Oakes:

**April 12 to June 8**

**Headbones Gallery**

6700 Old Kamloops Road

Vernon, BC V1H 1P8, Canada

*The works of five female artists, Susan Austad, Heide Hatry, Cynthia Karalla, Katia Santibanez, and Robin Tewes – Each woman has a committed studio practice in New York sustained while juggling family, teaching and maintaining active and extensive exhibition schedules both in New York and internationally. Each has 'gone the distance'. It is important to acknowledge gender as they contribute towards an ongoing evolution as women artists strive towards a more equitable positioning in the arts.*

Julie Oakes (lived and worked in New York and still has a personal, artist and political affiliation with these women, will show her latest gouaches in the Drawers Gallery - based on drawings started in NYC in December, 2018.



CYNTHIA KARALLA



KATIA SANTIBANEZ



ROBIN TEWES



SUSAN AUSTAD

And please save the date for the opening of my 9 month-long solo show at the **National Museum for Funeral History**, 415 Barren Springs Drive, Houston, TX  
**Icons in Ash**, curated by Genevieve Keeney

**Opening Reception: May 19**

All other associated matters: Press Conference, Cocktail Party, Talk, Panel, Golf Tournament (yes, I'll be playing!), Tours, etc... TBA

LOVE AND PEACE TO EVERYONE!

Heide

Heide Hatry | Ubu Gallery, 416 E 59th St., New York, NY 10022